



PROGRESSIVE BEGINNINGS

Rehabilitation Specialists

Updates for patients, families & friends

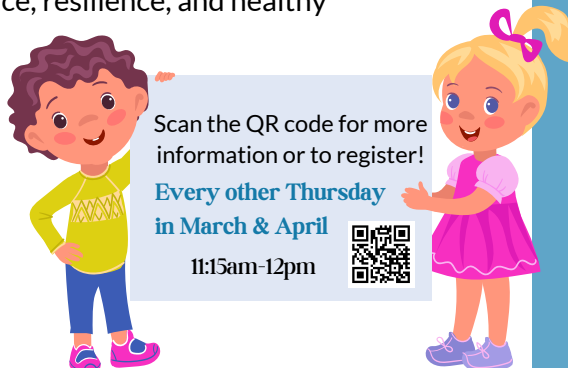
New class! **Better Together: Building Social-Emotional Skills for Children 3-5 Years Old**

We are excited to introduce a new class designed specifically for children ages 3-5, led by two experienced occupational therapists! This engaging and interactive program focuses on social-emotional development and self-regulation—key skills that help children thrive in school, at home, and in social settings. Through fun and structured activities, children will explore important developmental skills such as identifying emotions, sensory integration, following directions, turn-taking, and sharing. With the guidance of occupational therapists, they will learn to recognize and express their feelings, manage big emotions, and develop positive social interactions. Parents will also gain valuable strategies to support their child's emotional well-being and social success beyond the classroom.



Social-emotional skills are the foundation for lifelong success, impacting everything from friendships to academic achievement. By fostering self-regulation and emotional intelligence at an early age, we set children up for confidence, resilience, and healthy relationships.

Join us for this exciting opportunity to help your child grow emotionally, socially, and developmentally in a supportive and nurturing environment. Spaces are limited—sign up today!



Scan the QR code for more information or to register!

**Every other Thursday
in March & April**

11:15am-12pm



OVERVIEW:

- New Class: Better Together: Building Social-Emotional Skills for Children 3-5 Years Old
- Why a Medical Diagnosis Can Support Your Child's Growth and Success
- Skip The Spout Sippy Cup
- Community Resources (with QR codes!)

Upcoming Events:

- 3/1: Martha, SLP 2 Year PB Anniversary
- 3/8: International Women's Day
- 3/14: Pi Day
- 3/15: Jessica, PT Birthday
- 3/17: St. Patrick's Day-*wear green!*
- 3/18: Kelsey, OT 1 Year PB Anniversary
- 3/20: International Day of Happiness
- 3/21: World Down Syndrome Day
 - *Wear fun/colorful socks*
- 3/25: National Cerebral Palsy Awareness Day- *wear green!*
- 3/26: Epilepsy Day- *wear purple!*



Shout outs!

- Progressive Beginnings has been a wonderful support for our family! All of the therapists are fantastic but we feel especially blessed for the understanding and care our son receives from his OT!
- My son is excited for therapy when we pull in. The therapists are great with him. When your child is non verbal but shows true excitement when you pull into the parking lot, you know it's a good place for children. I'm happy because he's happy.

Why a Medical Diagnosis Can Support Your Child's Growth and Success



A medical diagnosis can be a key step in getting your child the resources they need to thrive. Here's how it can benefit your child and the entire family:

1 Access to Specialized Therapies and Services

- **Eligibility for Therapy:** Many therapies—such as OT, PT & ST—require a medical diagnosis to be covered by insurance. With a diagnosis, your child can access personalized therapeutic support to help with physical, social, or communication challenges.

2 Educational Support and Accommodations

- **Individualized Education Plan (IEP):** A diagnosis can support eligibility for an IEP, which provides customized support and accommodations within the school environment.
- **504 Plans:** For children with disabilities, a 504 plan ensures equal access to the learning environment. This might include classroom modifications, testing accommodations, and other supports to create a successful learning environment.

3 Financial Resources and Insurance Coverage

- **Insurance Benefits:** Some health insurance policies require a medical diagnosis to cover the costs of therapies and medical treatments.
- **Supplemental Assistance Programs:** Programs like Medicaid, Supplemental Security Income (SSI), and others often require a diagnosis to determine eligibility for financial assistance.

4 Community and Social Support Networks

- **Support Groups:** Many communities and organizations offer support groups for families navigating similar challenges, providing a source of information, emotional support, and advocacy.
- **Community Services:** Local organizations may offer resources like respite care, recreational programs, and adaptive equipment, often requiring a diagnosis for access.

5 Enhanced Understanding and Advocacy Tools

- **Clearer Insight for Families:** A diagnosis can help parents, teachers, and other caregivers understand their child's unique needs and adapt their approach for more supportive interactions.
- **Self-Advocacy as They Grow:** As children get older, having a diagnosis can empower them to understand and communicate their needs, helping them advocate for themselves in school, work, and social settings.

Shop our FAVORITE THINGS!



Skip The Spout Sippy Cup

Spout sippy cups limit the child's ability to develop a more mature swallowing pattern, especially with continued use after the first year. The spout blocks the tongue tip from

rising up to the alveolar ridge (the bumpy part on the roof of your mouth) just above the front teeth and forces the child to continue to push his/her tongue forward and back as he/she sucks on the spout to extract the liquid. As a baby matures, so does their swallow pattern, and over-use of hard sippy spouts may get in the way of development. When a tongue can't elevate, it tends to rest forward in the mouth, which can impede speech and language development. When a tongue rests forward, the mouth tends to stay open, which can alter appropriate facial development.



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Community Resources

Children's Long-Term Support Program (CLTS)

- The Children's Long-Term Support Program provides services for children and young adults under the age of 22 with significant developmental, physical, or emotional disabilities. Supports and services are available to help waiver participants and their families to remain in their home or community.



Katie Beckett Medicaid

- Katie Beckett Medicaid is for children under 19 years old with long-term disabilities or complex medical needs. Children who are not eligible for other Medicaid programs, because their parents' income or assets are too high, may be eligible for Medicaid through the Katie Beckett Program.



Children's Community Options Program

- Children's Community Options Program provides a coordinated approach to supporting families who have a child with a disability. The intention is to better support, nurture, and facilitate self-determination, interdependence, and inclusion in all facets of community life for the child and family.



Care4Kids Program

- The Care4Kids Program ensures that children in foster care receive individualized treatment plans to address their specific health care needs, including trauma-related care. As a result, children in community settings are expected to have improved physical and mental health, improved resiliency, and shorter stays in out-of-home care.



Wisconsin Wayfinder: Essential Children's Resources

- Wisconsin Wayfinder supports families of children with delays, disabilities, special health care needs, and mental health conditions. Children's resource guides are helpers who assist families, caregivers, professionals, and organizations in finding a wide array of supports and services available through the Children's Resource Network. Services are free and confidential.



Visit us at www.progbeg.com | Call 920-803-1617 to schedule your appointment today